

**Workshop on Emotional Intelligence**

Date	01 st February, 2020
Time:	11 AM
Venue:	Seminar Hall
Representation:	Represented BY Students of FHR , MHR and CHR
Industry person Name:	Mr. Aravind Warriar
Guest/Speaker Designation	HR Professional with 12 plus experience in multiple sectors like Information Technology, Manufacturing and Pharmaceuticals in leading MNCs and Indian Companies
Guest/Speaker Company/ Institute Name:	Specialties: Business Partner - HR, OD & Talent Management, Employee Engagement
Topic:	Emotional Intelligence Workshop
Moderator (if any)	Dr. Uma
No. of Attendees	40
Feedback:	Yes
Brochure: (if any)	NO
Revenue Collected: (if any)	Rs3000

1. Introduction:

Mr. Aravind Warriier conducted a workshop on “Leveraging Emotional Intelligence to be an effective leader in VUCA world” on 1st February 2020 at CMS Business School, Jain University, Bangalore.

Mr. Aravind Warriier, HR Professional with 12 plus experience in multiple sectors like Information Technology, Manufacturing and Pharmaceuticals in leading MNCs and Indian Companies. He had worked very closely with business in managing mission-critical projects and assignments and provided a strategic perspective on the industry. He is very passionate about keeping up his learning curve while developing and coaching team and extended teams. His Specialties: Business Partner - HR, OD & Talent Management, Employee Engagement, Talent Acquisition, Learning & Development, Leadership Development, HR Audit, and PCMM-PEMM Deployment, Coaching & Mentoring.

He is a Motivational Speaker and also serves as an advisory member for many leading Business schools across India.

The main aim of the workshop was to make the students understand the concept of emotional intelligence and learn the techniques of handling emotions intelligently in a VUCA world.

The workshop started with a welcome and a brief on the session’s topic of emotional intelligence. The guest Mr. Aravind Warriier was welcomed by Area Chair Dr. Uma Warriier.

Mr. Aravind Warriier started the session with an interesting activity by asking the students regarding their insights on emotional intelligence. This directed the session to the seriousness of the topic by connecting the dots of student insights.

The actual session started with a thought-provoking question **“WHAT MAKES A LEADER IN VUCA WORLD?”** He discussed how technical, cognitive, and emotional skills are essential to become an effective and efficient leader.

While explaining the brief evolution of the concept of Emotional Intelligence via EI components and framework, the stories, examples and work-life scenarios he took to demonstrate the topic made every student involve to the maximum extent and every student started asking interrelated questions that converted the session from monologue to dialogue and 1st half session ended with Chocolate-Question theory.

After the break, the vibe of the session went to the next level with a concept called Emotional-Agility and power of resilience. Started from ideal scenarios to real-time work-life scenarios, the 3D interaction from Mr. Aravind, facilitators, and students made the concept as well as session an ultimate benchmark.

Some of the useful insights he also provided were how good people make bad decisions, how social intelligence and emotional intelligence work effectively in groups. These insights cleared the misconceptions about EI and SI.

The session was concluded by Maryam Tayyiba, a student HR, by stating the take ways and the learning from the workshop. To conclude, when the perception and learning of students via guest lecture is getting drained and then this EI guest lecture by Mr.AravindWarrier, changed the understanding of every student thought process by transforming the students’ mindset to abstract thinkers and finally to visionary leaders. I can proudly say, it’s an unforgettable learning experience rather than a 1 hr attendance-based guest lecture.

The workshop was conducted for 2nd Semester students of Core HR/FHR/MHR specialization.

In all, nearly 30 students participated in the workshop.

to expect and the importance of SHRM-CP Examination briefly.

2. Venue (Outside/Inside the campus):

Seminar Hall CMS B school

3. Objectives:

In the highly complex and managerial skills where technology is evolving with lightning speed, it is very necessary to remain updated with the latest advancements. Hence, interaction of the Corporate Executive and Academics

- An opportunity to get exposure to the real workstations, and systems
- To Understand the end to end process at all levels in a EI Process

4. Participants’ Feedback, Feedback Analysis and Attainment Calculation:

Attainment Calculation:

Workshop

POs	Q1	Q2	Q3	Q4	Q5	Captured By	Total Attainment Score	Level Achieved
PO1	80%	76%			78%	Q1 Q2 Q5	78%	3
PO2								
PO3								
PO4								
PO5	80%	76%	75%			Q1 Q2 Q3	77%	3
PO6								
PO7	80%	76%	75%			Q1 Q2 Q3	77%	3
PSO1								
PSO2								
PSO3								

Feedback Analysis:

Wt Score ▶	5	4	3	2	1	
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Questions to Map Pos	List of Pos & PSOs	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	Total
The Workshop helped me to learn new / Improve new skill and competency	PO1 PO5 PO7	21	9	1	6	3	40
The workshops objectives were clearly stated and achieved	PO1 PO5 PO7	12	19	1	4	4	40
The workshops content & coverage was relevant	PO5 PO7	19	8	3	4	6	40
The time was well managed during the workshops		22	11	1	5	1	40
The facilitator of the workshop was knowledgeable & resourceful	PO1	19	10	3	4	4	40

6.Trailing Emails/communications:

Personal contact and invited

Trailing Emails/communications:

from:Dr. Uma Warriier<umawarrier@cms.ac.in

to:Warrier Arvind<warrierarvind@gmail.com> date:20 January 2020 5:12pm

Subject:Invitation as Guest Expert. gappssmtp.comsecurity: Standard encryption (TLS)

Learn more:Important mainly because it was sent directly to you.

Hello Arvind,

I am so happy to invite you to the Emotional Intelligence Workshop Program as Facilitator on 1 feb 2020. We expect around 35 students will be attending the program. I have already discussed the details with you over the phone and would like to request you to kindly confirm your acceptance with an acknowledgement.

Thank you Looking forward to meeting up with you soon.

Regards

Dr. Uma Warriier

Professor & Area Chair (OB & HR), CMS B-School

Chief Counselor, Jain University, Bangalore

7.Pictures for the Event:



Fig 1.1: Mr. Aravind Warriier, HR Professional, conducted a workshop on “Leveraging Emotional Intelligence to be an effective leader in VUCA world” on 1st February 2020 at CMS Business School, Jain University, Bangalore for Final Year MBA Batch 2020.



Fig 1.2: Dr. Uma Warriar handing over memento to Mr. Aravind Warriar, HR Professional, who conducted a workshop on “Leveraging Emotional Intelligence to be an effective leader in VUCA world” on 1st February 2020 at CMS Business School, Jain University, Bangalore for Final Year MBA Batch 2020.



Fig 1.3: Mr. Aravind Warriar, HR Professional, conducted a workshop on “Leveraging Emotional Intelligence to be an effective leader in VUCA world” on 1st February 2020 at CMS Business School, Jain University, Bangalore for Final Year MBA Batch 2020.



Fig 1.4: Photo with the guest speaker Mr. Aravind Warriar, HR Professional, conducted a workshop on “Leveraging Emotional Intelligence to be an effective leader in VUCA world” on 1st February 2020 at CMS Business School, Jain University, Bangalore for Final Year MBA Batch 2020.

8. Budget proposal
 Directors for kind approval

Sub: Budget for Emotional Intelligence workshop

SHRM Exam Preparation & Orientation Programme is scheduled on 01st february 2020,
 venue: Seminar Hall -2, timing 11 Am, the name of faculty recourse Dr. Uma Warier

The following are the requirements for the same.

Sl	Details	Units	Amount in Rupees
1	Saplings	1	200
2	Gifts/Momentous to the Speakers	1	1000
3	Coffee / Tea & Snacks for Faculty Participants		
	Coffee	30	300
	Tea	30	300
	Snacks	70	1200

Total in Words: Three Thousand Only

Director, kind approval is requested for conducting the Faculty Enrichment Programme and incurring the expenses Rs3000 towards the same.

Dean has recommended this proposal

Kind Regards

Faculty Co-Ordinator

Dean

Director

Approval Authority

Approval Authority

Signature

Signature

Name of the professor

Schedule:

10. **MINUTES OF MEETING (MOM)**

DATE: 01/02/2020

AREA: OB & HR Area

ROOM: AREA HEAD'S OFFICE

MEETING ATTENDED BY:

- Area Head
- Coordinators
- Student Representatives

Discussion Points

- Workshop Theme and Details - **Leveraging Emotional Intelligence to be an effective leader in VUCA world**
- Date and Facilitator Details- **Mr. Aravind Warriar, HR Professional with 12 plus experience in multiple sectors like Information Technology, Manufacturing and Pharmaceuticals in leading MNCs and Indian Companies**
- Budget and Approval by Area Chair – 3000/-
- Promotional Details- Brochure/ Poster
- **Date: 01/02/2020**
- **Venue:** Seminar Hall 2
- **Participants:** 40
- **Topic: Leveraging Emotional Intelligence to be an effective leader in VUCA world**
- **Facilitator:**Dr. Uma Warriar
- Discussing, finalizing and approval of activities and other details of the session with Area Chair

SIGNATURES:

1. Area Chair _____
2. Faculty Coordinators _____
3. Faculty Coordinators _____
4. Student Representatives _____
5. Student Representatives _____



S NO.	USN NO.	NAME	ATTENDANCE
1	19MBAR0319	ALYSSA SELENA MERCHANT	YES
2	19MBAR0320	ANKIT HANUMANT KULKARNI	YES
3	19MBAR0435	ARUN RAJAN S	YES
4	19MBAR0186	CHAITHRA M D	YES
5	19MBAR0648	CHANDAPURAM SHIVA CHARAN REDDY	YES
6	19MBAR0328	CHENNU MANEESHA	YES
7	19MBAR0304	CHINMAYI K M	YES
8	19MBAR0280	DIVAKAR V	YES
9	19MBAR0456	ELYON DKHAR	YES
10	19MBAR0276	HARSHAA MODI	YES
11	19MBAR0282	HITHYSHI H A	YES
12	19MBAR0494	K ACHUTHA KUMAR	YES
13	19MBAR0635	KALAKADA RAJITHA	YES
14	19MBAR0167	AMITHA MADHU	YES
15	19MBAR0154	ANUSHA HOSAD	YES
16	19MBAR0161	B DEEPASIKHA	YES
17	19MBAR0540	CHEELLA ROHITHA	YES
18	19MBAR0575	GOPIKA S B	YES
19	19MBAR0625	HARSH KAUSHAL	YES
20	19MBAR0283	HIMA ASHWATH	YES
21	19MBAR0277	JHANVI RAJESH	YES
22	19MBAR0659	JOYSEE JENEE TOPPO	YES
23	19MBAR0097	M SUCHITHRA	YES
24	19MBAR0479	MANASWINI GHATAK	YES
25	19MBAR0177	MARYAM FATIMA	YES
26	19MBAR0162	MARYAM TAYYIBA	YES
27	19MBAR0168	MONISHA SHEKAR	YES
28	19MBAR0170	P PRANATHI	YES
29	19MBAR0308	PALAGIRI MOHIT VARMA	YES
30	19MBAR0191	PAVAN KUMAR CHARI	YES
31	19MBAR0574	POOJA LAKHOTIA	YES
32	19MBAR0620	PRAGNA D BALARAJU	YES
33	19MBAR0624	PRIYA LADIA	YES
34	19MBAR0158	PRIYANKA SEBASTIAN	YES
35	19MBAR0504	JYOTHI HULLUR	YES
36	19MBAR0433	KAUSHIK M MUSALAE	YES
37	19MBAR0334	KRITANA REGMI	YES
38	19MBAR0270	KRITI ARYAL	YES
39	19MBAR0654	LAVANYA C M	YES
40	19MBAR0567	NIHARIKA MANCHAL	YES